

## **TRANCE 8 (Each Other)**

Hello my friends. When we look at you, we do not see your physical body; we see the love in your hearts. What a wonderful sight, if only you could see what we see. But even without our vision, can you not look for the love in another. For there is love within everyone, the Great Spirit resides within each one of you. Try not to focus your attention on the imperfections of another, especially when they don't live up to your expectations. For you are all on a difficult journey, it is not meant to be easy. Your soul grows in strength and love by overcoming difficulty, you are playing parts for one another. But if all you see in another is the anger, the bitterness and the imperfections, and what you consider, are their failings, then that is maybe what you are looking at yourself, within yourself. You recognise that within yourself and that is what you react to.

Just know that within each one of you, there is great love striving to express itself through that personality and the personality is only in existence for as long as it is needed, and then that love returns to that greater individuality that is eternal. We ask that you learn to tolerate one another's differences, weaknesses, for none of you are any better or any worse than the other. None of you know exactly what it is like for that individual to experience that situation, however hard you try to understand. Just know that they need your love, your understanding, love in the form of tolerance, for is that not what you need.

You are all on a journey together, not just as individuals. Help one another, support one another, understand one another, or at least try to. Just know you are all struggling to overcome whatever difficulties you have chosen to experience. You need one another; you cannot do these journeys on your own. You are all of one spirit, which is what binds you together. Allow the love within you to reach out and to touch the love within another. Allow the Great Spirit within you to speak to the Great Spirit within the other and there we have true communication.

We know you struggle to understand one another and that is normal, we do not expect too much of you. We ask that you do not expect too much of yourself but you can at least try. Grow in love together my friends. We will surround you with our love and say goodnight.