

Moments

Life is full of moments, some happy and some sad
But each builds into memories of all the times we've had
And entering each moment we never really know
If this is one to cherish or one, we'd rather throw

Life is what you make of it, I've often heard it said
But sometimes it seems hardly worth us getting out of bed
When past struggle and great effort have barely been repaid
And another day ahead seems like mistakes we've not yet made

In our striving to achieve and realise our current goals
It's easy to forget success we've had and at what heavy toll
But as you contemplate defeat then look at what you've won
And let that rebuild confidence that you can overcome

Nothing's more worth having than something hard to gain
Let that be your new motto through uncertainty and pain
Some things you may not quite achieve but many you can win
By learning from your yesterdays as each new day begins

So, seize upon each moment and make that moment yours
As you set about your goals or even just your routine chores
These moments build like grains of sand carried in the breeze
Let then form a shapeless drift or a castle as you please

Just remember each new moment's yours and then is lost forever
So, take a pause by all means but then pull yourself together
See all that negativity stems from moments in your past
They're gone and cannot hurt you if you make this moment last

This moment is the base on which all your future builds
But that's now gone in reading this so if you will fulfil
All your hopes and dreams you need to act without delay
And build the coming moments into one more worthwhile day.