

Trance 5 (Freedom)

Hello my friends. Let us speak about freedom, freedom of thought and freedom to be who you truly are. At a certain time in your year, you spend a few moments in silence remembering those who sacrificed their physical lives, to give you freedom from a tyrant, from violence and from oppression.

We ask you to think deeper than this, for what creates a tyrant or an oppressive regime and what is behind the violence? It is everything that is the opposite to love.

Think of all those who sacrificed their physical lives in warfare. How do you think they would like to be remembered? How do you think they would like you to celebrate the freedom they gave you? What do you think would make them smile and make them proud of you? And how are you going to use that freedom? It is not by firing rifles into the air or by flying warplanes as a salute that is not the way, although they do understand the motive. Perhaps you could celebrate with an act of love, harmony and peace. To show that you truly understand that all humanity is but one in spirit and that what you do to another, you do to yourself.

To be truly free, you must be able to express the love of your spirit and all the attributes of the spirit. Let us look at what is behind the violence. It is selfishness, greed, materialism and ignorance of the truth, power over others, fear, envy, vulnerability and a lack of trust. All that is opposite to love exists within you to a greater or lesser extent; otherwise you would not be in the physical world. To truly honour all those who sacrificed their physical lives for you, we ask you to look within. For kingdoms to change, each individual must change. Look within yourselves and remove to the best of your ability, all that is opposite to love. For only this can give you true freedom and in doing this, you will put smiles on the faces of those who gave you the opportunity to do this in relative peace.

For if this is not done, and then you will repeat the past, until man understands and awareness grows to accept the truth as it truly is. Even when you come to our world, you are never totally free. You will experience a greater freedom but you will not be free from your karma and you will not be free from your imperfections. Try to understand the true meaning of love and all the different ways that love can be expressed, towards others, towards yourselves, towards the animal kingdom and the physical world around you. Try to understand this while you are in the physical world as this is the best and easiest place to learn these lessons. In understanding love and making it a reality within your lives, you will find heaven and the freedom within it. We will surround you with our love and say goodnight.