

## Trance 2 (Knowledge)

Hello my friends. We ask that you always seek more knowledge, more understanding, more truth and more wisdom. All of this brings you out of the darkness of ignorance, and fear is born of ignorance. Let go of fear and place your trust in the laws of love and in the truths of the spirit. For fear holds you back, fear saps your energy, fear is your enemy. But even fear has its part to play in the growth of your soul.

We urge you to seek greater understanding and more knowledge, for we feel, and we don't mean to sound critical, but you do not do enough of this. We say this in love, for much of your time is taken up with your material world and material needs. We ask that you make the effort to seek more knowledge. It will help you to find peace and harmony within yourself and it will help you in your material lives, for you will see everything with a greater perspective. You will be able to put everything in its rightful place.

We have to tell you that knowledge does not come to you on its own; it goes hand in hand with the responsibility of what you do with it. Do not store it in a cupboard for yourself, but make it a reality in your life and in your thoughts, share it with others. Not only with words but with actions, for sharing truth is an expression of love, it brings you together. But do not fear the responsibility, for you will only accept what you are spiritually ready for and if you are spiritually ready for that truth and you accept it, you will have the power within you to act accordingly. So do not fear that you will be unable to live up to what you know. But even if you stumble and make an error of judgement, the opportunity will be given to you to correct the balance.

Allow the light of love within you to guide you, fall on that, for your spirit that contains all that you need is there for you, there for you to use. You must learn to tap into it using your own efforts, your own thoughts and in the stillness and quietness of your meditation. Fill your whole being full of love, love from your spirit. Allow that love to radiate to all those around you, not only materially but allow that loving energy to affect everyone spiritually.

Keep learning from all your experiences. Search for answers, ask the questions, and don't be afraid to disagree. We will surround you with our love and say goodnight.